



Prevention Workgroup Minutes

Title: Cancer Plan Development

Name of person taking minutes: Sheri Mathews

Date: 12/11/24

Meeting Notes:

Presentation

- Goals Overview
 - Prevent and reduce alcohol use among adults
 - Increase HPV vaccination
 - Increase protective behaviors from ultraviolet radiant exposure
 - Prevent and reduce tobacco use
 - Increase awareness of the connection between radon and cancer risk
- Goal 1: Prevent and reduce alcohol use among adults
 - Suggested strategies:
 - Education to destigmatize alcohol screening
 - Understand best ways for providers to discuss alcohol use with patients
 - Promoting existing tools for alcohol screening
 - <https://www.cdc.gov/alcohol/checkyourdrinking/index.html>
 - Education on the relationship between alcohol use and health outcomes/cancer
 - Tool for patients to encourage discussion with physician
 - Posters in exam rooms, visual prompts to encourage discussion
 - Span all stages of change
 - MAN therapy, CDC tool, alcohol and pregnancy
 - <https://www.cdc.gov/alcohol-pregnancy/hcp/toolkit/index.html>
 - Barrier: Alcohol helpful for social connectedness
 - Alcohol as helpful for social connectedness
 - Post COVID
 - <https://www.niaaa.nih.gov/health-professionals-communities/core-resource-on-alcohol/conduct-brief-intervention-build-motivation-and-plan-change>
 - Education on updated recommendations
 - Support community educators- incorporate cancer specific messaging
- Goal 2: Increase HPV vaccination
 - Suggested strategies:
 - Get more providers on board with encouraging uptake
 - Incentivize completion
 - Education for those over 18
 - Young adults who had parents opt out for them
 - Education on what HPV vaccine is, why it's important
 - Promote on blood draw results page
 - Posters in provider offices/exam rooms "is HPV vaccination for me?"
 - Awareness of HPV testing/status



- Workforce interventions
 - Goal 3: Increase protective behaviors from ultraviolet radiant exposure
 - Suggested strategies:
 - Partnerships with national parks and other outdoor recreational sites
 - Sun safety toolkit for elementary schools
 - Working with public health nursing on check out system for sunscreen dispensers
 - Incorporating sun safety into prevention workforce efforts (in progress)
 - Educational materials for workforce (in progress)
 - Education/promotion on skin checks
 - Goal 4: Prevent and reduce tobacco use
 - Suggested strategies:
 - Having local cessation specialists (quitline alternatives)
 - Referrals to local cessation specialists
 - Provider education on how quitline works/offers
 - **Access to medication treatment**

Next Steps

- Establish SMART objectives in February

Action Items:

Action Item	Person Responsible	Timeline
Follow up with meeting minutes	OHI	

WYCC Prevention Workgroup Meeting Sign-In

Name	County	Workforce Sector
Daima Quick		
Terri Wessenberg		
Marycarson Brown		
Cathy Bledsoe		
Tauna Groomsmith		
Emma Burton		
Lynette Phillips		



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During this meeting, did you discuss any of the following Cancer Plan goals?

Please check any that were discussed.

- Goal 1: Decrease tobacco and e-cigarette use.
 - Strategy 1: Promote cessation
 - Strategy 2: Assess & refer
 - Strategy 3: School policies
 - Strategy 4: Community policies
- Goal 2: Increase HPV vaccination completion among adolescents.
 - Strategy 1: Messaging
 - Strategy 2: Quality improvement
 - Strategy 3: Schools
- Goal 3: Increase healthy eating and physical activity behaviors.
 - Strategy 1: Lifestyle change programs
 - Strategy 2: Worksites
 - Strategy 3: Schools

During this meeting, did you discuss any of the following evidence-based interventions (EBIs)?

Please check any that were discussed.

- Tobacco Use
 - Internet-based cessation interventions
 - Mobile phone text messaging cessation interventions
 - Quitline interventions
 - Reducing out-of-pocket costs for evidence-based cessation treatments
 - Incentives and competitions to increase smoking cessation among workers
 - Smoke-Free policies (school-based or community policies)
 - Community mobilization to restrict minors' access to tobacco products
- Increase HPV vaccination completion
 - Client or family incentive rewards
 - Client reminder and recall systems
 - Immunization information systems
 - Provider assessment and feedback
 - Provider reminders
 - Standing orders
 - Home visits to increase vaccination rates
 - Reducing client out-of-pocket costs
 - Vaccination programs in schools and organized childcare centers
- Healthy eating and active living
 - Digital health and telephone interventions to increase healthy eating and physical activity (community, worksite, school-based)
 - Home-delivered and congregate meal services for older adults
 - Digital health interventions for adults 55+
 - Family-based interventions
 - Home-based exercise interventions for adults 65+



Individually adapted health behavior change programs
Interventions including activity monitors for adults with overweight or obesity
Social support in community settings
Community-wide campaigns
Gardening interventions to increase vegetable consumption among children
Classroom-based physical activity break interventions
Classroom-based physically active lesson interventions
Interventions to increase active travel to school
Enhanced school-based physical education
Built environment approaches combining transportation system interventions with land use and environmental design
Create or improve places for physical activity
Park, trail, and greenway infrastructure interventions when combined with additional interventions
Point-of-decision prompts to encourage use of stairs