



Prevention Workgroup Minutes

Name of person taking minutes: Sheri Mathews

Date: 10/9/2024

Meeting Notes

- OHI Presentation
 - Purpose: Focus on strategic planning for the next iteration of the cancer plan.
 - Overview of One Health Insights
 - Public Health consulting firm focused on using data and partnerships to improve community health
 - Aims to create actionable and meaningful cancer plan based on previous collaborations
 - Overview of WYCC
 - Mission: To develop and implement a collaborative and comprehensive approach to address cancer prevention, early detection, access to healthcare, diagnosis and treatment, and quality of life services to lessen the impact of cancer in Wyoming.
 - Purpose: The plan serves as a roadmap to combat cancer in Wyoming, required by the CDC and aligned with the National Comprehensive Cancer Control Program.
 - Focus Areas: The plan addresses primary prevention, early detection, treatment, survivorship, and cross-cutting priorities through policy, systems, and environmental approaches (PSE).
 - Feedback from Kickoff
 - Five areas identified
 - Alcohol use
 - HPV vaccination among adults 18+
 - Sun safety
 - Tobacco use
 - Preventative care (an emergent theme)
 - Narrowed down to top 3
 - WDH houses Tobacco Prevention Program- reducing duplication of efforts but WYCC will link their 5 year plan and support efforts
 - Preventative care goals being represented through EBIs in early screening and detection workgroup
 - Discussion
 - Aimed to align existing goals with future work, discussing how these goals will fit into the coalition's efforts over the next five years.
- Discussion
 - Alcohol use
 - Proposed goal: Prevent and reduce alcohol use among adults
 - Goal feedback
 - Group agrees this goal is fitting



- Objective suggestions from group
 - Education in youth
 - Law enforcement partnership
 - Bartender training
 - Provider education
 - Resource sharing/expansion
- HPV Vaccination
 - Proposed goal: Increase HPV vaccination completion among adults
 - Goal feedback
 - Why focus on adults only?
 - Fix the issue of education about HPV and open conversations about it
 - Broaden to all age groups
 - Group majority voted yes
 - Objective suggestions from group
 - Educating providers
 - Educating parents
 - HPV month or week to push out information near school starting
 - Working with dental providers
 - Partnering with college campuses
 - Partnering with pharmacies
- Sun Safety
 - Proposed goal: Increase protective behaviors from ultraviolet radiation exposure
 - Goal feedback
 - Broadness of goal is great to encompass many areas of sun safety
 - Objective suggestions from group
 - Tattoo parlors
 - Working with them to promote sun safety through the increased incentive to protect tattoos
 - Sun bus partnerships
 - Partner with more schools
- Next Steps
 - SMART objectives
 - Continue to bring partners to strategic planning
 - Continue to think about challenges and voice opinions
 - Attend future meetings for further development of cancer plan

Action Items

Action Item	Person Responsible	Timeline
Cancer Plan Development	All	Ongoing



Next meeting:

Strategic Planning for Cancer Plan



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During this meeting, did you discuss any of the following Cancer Plan goals?

Please check any that were discussed.

- Goal 1: Decrease tobacco and e-cigarette use.
 - Strategy 1: Promote cessation
 - Strategy 2: Assess & refer
 - Strategy 3: School policies
 - Strategy 4: Community policies
- Goal 2: Increase HPV vaccination completion among adolescents.
 - Strategy 1: Messaging
 - Strategy 2: Quality improvement
 - Strategy 3: Schools
- Goal 3: Increase healthy eating and physical activity behaviors.
 - Strategy 1: Lifestyle change programs
 - Strategy 2: Worksites
 - Strategy 3: Schools

During this meeting, did you discuss any of the following evidence-based interventions (EBIs)?

Please check any that were discussed.

- Tobacco Use
 - Internet-based cessation interventions
 - Mobile phone text messaging cessation interventions
 - Quitline interventions
 - Reducing out-of-pocket costs for evidence-based cessation treatments
 - Incentives and competitions to increase smoking cessation among workers
 - Smoke-Free policies (school-based or community policies)
 - Community mobilization to restrict minors' access to tobacco products
- Increase HPV vaccination completion
 - Client or family incentive rewards
 - Client reminder and recall systems
 - Immunization information systems
 - Provider assessment and feedback
 - Provider reminders
 - Standing orders
 - Home visits to increase vaccination rates
 - Reducing client out-of-pocket costs
 - Vaccination programs in schools and organized childcare centers
- Healthy eating and active living
 - Digital health and telephone interventions to increase healthy eating and physical activity (community, worksite, school-based)
 - Home-delivered and congregate meal services for older adults
 - Digital health interventions for adults 55+
 - Family-based interventions
 - Home-based exercise interventions for adults 65+



- Individually adapted health behavior change programs
- Interventions including activity monitors for adults with overweight or obesity
- Social support in community settings
- Community-wide campaigns
- Gardening interventions to increase vegetable consumption among children
- Classroom-based physical activity break interventions
- Classroom-based physically active lesson interventions
- Interventions to increase active travel to school
- Enhanced school-based physical education
- Built environment approaches combining transportation system interventions with land use and environmental design
- Create or improve places for physical activity
- Park, trail, and greenway infrastructure interventions when combined with additional interventions
- Point-of-decision prompts to encourage use of stairs