



Prevention Workgroup Minutes

Name of person taking minutes: Sheri Mathews

Date: 6/11/2024

Meeting Notes

Worksite wellness project

- Tri West
 - o Still in the assessment phase for completion end of June
 - o The survey is still open to employers
 - o Feedback is going well so far
- Once the assessment is completed policy development will begin
 - o This is where Prevention will be most involved
 - o Open for suggestions and ideas now
 - Bring in Wyoming Health Fairs for onsite screenings.
 - o Draft aimed to be completed by next meeting

Action Items

Action Item	Person Responsible	Timeline
Worksite Wellness Project	Group	Ongoing

Next meeting:

Worksite wellness project

- Discuss progress of assessment
- Review draft of policy if available
- Brainstorm applications



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Prevention Workgroup Minutes

During this meeting, did you discuss any of the following Cancer Plan goals?

Please check any that were discussed.

- Goal 1: Decrease tobacco and e-cigarette use.
 - Strategy 1: Promote cessation
 - Strategy 2: Assess & refer
 - Strategy 3: School policies
 - Strategy 4: Community policies
- Goal 2: Increase HPV vaccination completion among adolescents.
 - Strategy 1: Messaging
 - Strategy 2: Quality improvement
 - Strategy 3: Schools
- Goal 3: Increase healthy eating and physical activity behaviors.
 - Strategy 1: Lifestyle change programs
 - Strategy 2: Worksites
 - Strategy 3: Schools

During this meeting, did you discuss any of the following evidence-based interventions (EBIs)?

Please check any that were discussed.

- Tobacco Use
 - Internet-based cessation interventions
 - Mobile phone text messaging cessation interventions
 - Quitline interventions
 - Reducing out-of-pocket costs for evidence-based cessation treatments
 - Incentives and competitions to increase smoking cessation among workers
 - Smoke-Free policies (school-based or community policies)
 - Community mobilization to restrict minors' access to tobacco products
- Increase HPV vaccination completion
 - Client or family incentive rewards
 - Client reminder and recall systems
 - Immunization information systems
 - Provider assessment and feedback
 - Provider reminders
 - Standing orders
 - Home visits to increase vaccination rates
 - Reducing client out-of-pocket costs
 - Vaccination programs in schools and organized childcare centers
- Healthy eating and active living
 - Digital health and telephone interventions to increase healthy eating and physical activity (community, worksite, school-based)
 - Home-delivered and congregate meal services for older adults
 - Digital health interventions for adults 55+
 - Family-based interventions



- Home-based exercise interventions for adults 65+
- Individually adapted health behavior change programs
- Interventions including activity monitors for adults with overweight or obesity
- Social support in community settings
- Community-wide campaigns
- Gardening interventions to increase vegetable consumption among children
- Classroom-based physical activity break interventions
- Classroom-based physically active lesson interventions
- Interventions to increase active travel to school
- Enhanced school-based physical education
- Built environment approaches combining transportation system interventions with land use and environmental design
- Create or improve places for physical activity
- Park, trail, and greenway infrastructure interventions when combined with additional interventions
- Point-of-decision prompts to encourage use of stairs