



DATE: 6/26/2023

In-Person Prevention Workgroup Minutes

Goals from the 2021-2025 Cancer Plan:

Goal 1: Decrease tobacco and e-cigarette use

Strategy 1: Promote Cessation

Strategy 2: Assess & Refer

Strategy 3: School Policies

Strategy 4: Community Policies

Goal 2: Increase HPV vaccination completion among adolescents

Strategy 1: Messaging

Strategy 2: Quality Improvement

Strategy 3: Schools

Goal 9: Healthy Behaviors

Strategy 1: Lifestyle Change Programs

Strategy 2: Worksites

Strategy 3: Schools

Recap of the purpose of the workgroups:

The WYCC achieves its goals and objectives through the collaborative work of its members. The purpose of the workgroups is to gather partners with similar goals and passion to leverage strengths, pull resources, and build a community of people working together towards a common goal.

Meeting Notes

Attendees

Workgroup Lead: Terri Wessenberg

Minutes: Megan Westphal

WDH Support Staff:

List other attendees:

Mica Moeller

Amber Nolte

Jana Gurkin

Cassidy Shaver

Daima Quick

Stephanie Lund

Aimee Nadeau

Stephanie DuPape

Jane Dantinne

Melissa Hall

Kelly Morgan

Ashley Lach

Lynette Phillips



Meeting Notes:

Introductions

Recap of last meeting

Tobacco Prevention Toolkit: Mica-Sept 2022 it was presented to school nurses and sent to all superintendents which were distributed via email. Some schools updated their school policies using the toolkit as guides. They send recommendations to community prevention specialists. There are alternatives to punishment (better ways to punish instead of fines, suspension etc) Cessation and education rather than fines (\$25). Analysis of school districts and their policies. Vape detectors are in school bathrooms. They can no longer pay for them. There is a bill that may take away youth cessation without parent consent.

HPV Project: Jane-Talked about a couple of HPV summit opportunities. One in Montana and Nebraska. It was asked if the summits would have virtual options. Jane would check. Medical clinics are promoting the HPV vaccination starting at 9 years old.

Healthy Habits (next project): Terri-Terri and Katie had talked about starting a Healthy Habits project that we could possibly partner with the Chronic Disease Program at the state. We could pilot two locations, University of WY-Casper and Cheyenne. These providers could hand out Healthy Habit Prescriptions. Potentially could partner with local grocery stores (Healthy fruit/veg options) and local fitness centers (YMCA; local gyms) increase healthy eating and physical activity behaviors. Terri spoke with Larry Goodwin at UW during the conference. He was interested in partnering with the group. Biggest challenge would be sustainability for those receiving the Healthy Habit Rx. This ties into the Tomato Plant Project. YMCA used to host a healthy day for school aged children during the school year. Unsure if they still do that. Food banks offer canned items, possibly offering to create recipes for those items. Thankful Thursdays. Food coalition of WY

Tomato Plant Project: Katie-Evaluating the project is difficult because the plants are not in full production yet. Thinking of other veggies for next year that are easy to grow in all climates of Wyoming. Carrots; Lettuce. The goal of this project is sustainability and to find someone that could take over the project. The prevention workgroup would continue to support. Could reach out to AG or 4H. Working with UW, maybe LCCC and schools with greenhouses. Could reach out to the Department of Education for potential other partners. Another way to get involvement is to have a growing contest to grow the biggest cabbage, zucchini, etc. Make it fun and keep kids interested.



Action Items:

Terri-Reach out to Dept of Education

All- WY has the highest use of E-Cigarette use by youth in the country.

Ideas for a toolkit reach out to Mica Moeller. Need different avenues to get schools on board, better goals

Building healthy families-Fun activities to get people with high BMI to get moving University of Utah

Dental issues- People need assistance with dental care for cancer patients.

Providers don't want to volunteer for travel. There is a provider in

Cheyenne (dentist) that could help with these patients and could partner with us. Aimee

Next Meeting: August 8, 2023 1:00-2:00 pm