

April 11, 2023 1p.m.

Prevention Workgroup Minutes

Goals from the 2021-2025 Cancer Plan:

Goal 1: Decrease tobacco and e-cigarette use

Goal 2: Increase HPV vaccination completion among adolescents

Goal 3: Increase healthy eating and physical activity behaviors

Recap of the purpose of the workgroups:

The WYCC achieves its goals and objectives through the collaborative work of its members.

The purpose of the workgroups is to gather partners with similar goals and passion to leverage strengths, pull resources, and build a community of people working together towards a common goal.

Attendees

Workgroup Lead: Katie Reed

Attendees: Heidi Gurov, Jana Gurkin, Megan Westphal, Cassidy Shaver, Jessica Rizzuto, Hannah Nein, Kaylee Vandjelovic,

Meeting Notes

- Short intro/apology for technical difficulties.
- Katie update on Tomato Project
 - Working with One Health Insights (OHI) on survey for educational curriculum being presented to some students
 - K-5 educational curriculum was developed with help from UW Extension Cent\$ible Nutrition hits three main points healthy eating, tomato project/seed planting, and physical activity
 - Healthy eating: what a healthy plate should look like, how does eating the rainbow benefit your health
 - Tomato Project/seed planting: seeds will turn into tomato plants that you can eat, healthy eating helps your body fight diseases and cancer, gardening is one way to get exercise, seed care info
 - Physical activity: daily recommendation for physical activity, different ways to move your body and how it impacts your health, getting activity keeps your body strong and healthy and prevents cancer and other chronic conditions
 - Currently over 1,000 plants being grown to be distributed and over 500 plants requested around the state
 - Growers have seeds in the ground, now we just wait for seedlings

- Educational rack cards will be provided with the seedlings: growing/care guide and a seed saving guide
- Expected distribution to start late May/Early June
- Tobacco Prevention Toolkit (Wyoming Nicotine-Free School Toolkit)
 - Link to toolkit: <https://health.wyo.gov/publichealth/prevention/substanceabuseandsuicide/publications-and-reports/>
 - Sent toolkit to contacts at Boys and Girls Club
 - Looking for more ideas on how to get the toolkit to schools/school-affiliated programs
- HPV Project
 - HPV/throat cancer survivor is speaking at the immunization conference, HPV vaccine breakout discussion about non-required vaccines
 - Heidi will ask them at the conference if they'd be willing to share their story in video format (post to WYCC socials/on website?)
- In-person immunization conference can still be signed up for <https://health.wyo.gov/publichealth/immunization/immunization-provider-resources/wy-imm-conf/>
 - May 10 & 11 in Casper at the Ramkoda
 - Variety of immunization topics will be covered during the conference
 - Katie will attend to represent the WYCC
- Future Project ideas (From Feb. 2023):
 - Tobacco prevention focused towards pregnant mothers
 - Provider list of providers across the state available to help with outreach/contact
 - Mark can add information to newsletter - sent out monthly
 - MCH nurses in each county as an option to help promote
 - Connect with state/national ACOG for help/resources
 - [Home | ACOG](#)
 - Get information onto the Wy Med Society newsletter?

Action Items

- Katie:
 - Confirm sizing requirements for blog post or newsletter with Wy Med Society
- Cassidy/Mica:
 - Connect with Mark on reaching providers for tobacco prevention focused on pregnant mothers (From Feb, will follow up at next meeting)
 - Reach out to School Nurses Association, and schools about toolkit
- Ashley/Hannah:
 - Find and edit HPV educational articles used in other states to be specific for Wyoming work with Katie to adjust based on any length requirements
- Heidi:
 - See if survivor would be willing to work with us/share his story with us for HPV project

Next Meeting: June 13 1 - 2 p.m.