

February 28, 2023 1pm

Prevention Workgroup Minutes

Goals from the 2021-2025 Cancer Plan:

Goal 1: Decrease tobacco and e-cigarette use

Goal 2: Increase HPV vaccination completion among adolescents

Goal 3: Increase healthy eating and physical activity behaviors

Recap of the purpose of the workgroups:

The WYCC achieves its goals and objectives through the collaborative work of its members.

The purpose of the workgroups is to gather partners with similar goals and passion to leverage strengths, pull resources, and build a community of people working together towards a common goal.

Attendees

Workgroup Lead: Terri Wessenberg

Attendees: Katie Reed, Heidi Gurov, Jana Gurkin, Stephanie Lund, Megan Westphal, Daima Quick, Cassidy Shaver, Amber Nolte, Morris McGaugh, Mark Kelly

Meeting Notes

- Group introductions/icebreaker - What did you do over the winter holidays?
- Katie update on Tomato Project
 - The Alpine Science Institute is going to grow 200 tomato plants for us. We decided to grow two varieties: Sungold tomatoes and Matt's Wild Cherry tomatoes. The sungold variety tend to grow larger and my goal is to provide those to community gardens and spaces that will have the resources to handle a larger plant. The Matt's Wild Cherry tomatoes will be for individuals and people who have smaller gardens and may not want a 4ft tomato plant.
 - The Cheyenne Botanical Garden is going to grow 50 Matt's Wild Cherry tomatoes and distribute them to people in Cheyenne for us. They will also grow 25 Sungold tomatoes, one in each of their rentable garden plots.
 - The UW Extension program Cent\$ible Nutrition is going to work with us to help distribute plants to their regions across the state including the reservations. We are meeting again in March to go over the number of plants their extension offices will want/need based on community interest in receiving plants. They are working on another project focused on donating surplus produce grown to food pantries and community kitchens across the state, so we are going to see if their growers for that program are interested in growing one of our plants to

- exclusively donate the tomatoes to food pantries. They also have connections to the UW Master Gardeners program and are going to contact the head of that program to see if any of those groups across the state would be willing to grow additional plants for us or help us distribute plants when the time comes.
- Food for Thought Project will help distribute 1000 “grow kits” to low income students in Casper as well as distribute plants to their gardens and people interested in receiving a plant
 - We have connected with more than 5 community gardens to get plants to the gardens that will be available for free to the city/town/area
 - Feedback on data tracking: add - educational impact tracking, habit/behavior change tracking, locations without access to grocery stores/fresh food, impact stories
- Tobacco prevention toolkit (Wyoming Nicotine-Free School Toolkit)
 - Link to toolkit: <https://health.wyo.gov/publichealth/prevention/substanceabuseandsuicide/publications-and-reports/>
 - Sent to 25 contacts - community prevention specialists, ECHO and student health, on Wyoming Department of Health webpage and tobacco prevention webpage
 - Presented to 2 county coalitions that consisted of about 50 people total
 - HPV project
 - We previously tossed around a handful of ideas, after discussions with Star and ACS, workgroup should focus down based on scope/where people will look for information
 - Areas with biggest barriers is providers not supporting/educating about HPV vaccine with parents
 - Katie has connected with the Wyoming Medical Society who would allow us to create a blog post or newsletter blurb where we could link to or share vaccination information if that is an avenue we want to pursue
 - HPV/throat cancer survivor is speaking at the immunization conference, HPV vaccine breakout discussion about non-required vaccines
 - Would survivor be willing to do work with us/share story for coalition to use
 - In-person immunization conference can still be signed up for <https://health.wyo.gov/publichealth/immunization/immunization-provider-resources/wy-imm-conf/>
 - Project ideas:
 - Tobacco prevention focused towards pregnant mothers
 - Provider list of providers across the state available to help with outreach/contact
 - Mark can add information to newsletter - sent out monthly
 - MCH nurses in each county as an option to help promote
 - Connect with state/national ACOG for help/resources
 - [Home | ACOG](#)

- Get information onto the Wy Med Society newsletter?

Action Items

- Katie:
 - Update Tomato Project tracking points, add education about the connections between eating healthfully and preventing cancer to increase awareness of what healthy eating looks like and encourage people to make better choices
 - Outreach/confirm time availability and sizing for blog post or newsletter with Wy Med Society
- Cassidy/Mica:
 - Reach out to Boys and Girls Clubs about tobacco prevention schoolkit
 - Connect with Mark on reaching providers for tobacco prevention focused on pregnant mothers
- Heidi:
 - See if survivor would be willing to work with us/share his story with us for HPV project

Next Meeting: April meeting date/time TBD