



DATE: 10/11/2022
Prevention Workgroup Minutes

Goals from the 2021-2025 Cancer Plan:

Goal 1: Decrease tobacco and e-cigarette use

- Strategy 1: Promote Cessation
- Strategy 2: Assess & Refer
- Strategy 3: School Policies
- Strategy 4: Community Policies

Goal 2: Increase HPV vaccination completion among adolescents

- Strategy 1: Messaging
- Strategy 2: Quality Improvement
- Strategy 3: Schools

Goal 9: Healthy Behaviors

- Strategy 1: Lifestyle Change Programs
- Strategy 2: Worksites
- Strategy 3: Schools

Recap of the purpose of the workgroups:

The WYCC achieves its goals and objectives through the collaborative work of its members. The purpose of the workgroups is to gather partners with similar goals and passion to leverage strengths, pull resources, and build a community of people working together towards a common goal.

Meeting Notes

Attendees

Workgroup Lead: Terri Wessenberg

Minutes: (If different from WDH staff)

WDH Support Staff: Mark Kelly/Randi Norton

List other attendees:

| | |
|--------------------|----------------|
| Heidi Gurov | Mica Moeller |
| Jana Gurkin | Cassidy Shaver |
| Chelsey Schlechter | Katie Reed |
| Daima Quick | Stephanie Lund |
| Mark Kelly | |



Meeting Notes:

Mica Moeller gave an update on the Tobacco Toolkit Project. This project was started last fall. This is now approved by leadership. It will be given to Community Prevention Specialists and they would do evaluations in their counties of needs to update their policies. Best practices, alternative to punishment. Mica asked for any ideas for reach for this toolkit. Ideas given: State school nurses, principals. Katie offered to do media promotion. School counselors state association. Damia mentioned Boys and Girls club. The toolkit will be digital. This will be on their website.

HPV: Mark will provide a collaborative document and send it out by Friday, October 21st. We need to make sure we adhere to the recommendations of ages 9-15. We will start with this age group with sustainability and then add the older younger population, college aged, 18 and up. Possibly for next fall gear towards Freshman orientation, flu clinics, etc. Heidi can provide a provider list for distribution. Talked about doing a YouTube video. Jana mentioned to not re-create the wheel and utilize the great videos already out there. Instead of creating something new. We could try to find a Wyoming survivor to do a short video. Heidi is having a champion present at the Immunization conference and she will see if he could do a champion story on the importance of HPV vaccination. Everyone is tasked in finding educational videos geared towards providers for possibly internal best practices, such as EHR, EBI, etc. and videos geared towards youth/parents. CDC has a resource called "How do I recommend". We will look at that as well. By **November 4th** we will all come together for a video scan. Rocky Mountain Oncology could be another resource for a champion. **March 4th** is HPV awareness day. September promotion for HPV awareness. Mid December is the goal for the 1st video. We need to keep in the mind the routing process, permissions, etc. We could also inquire about splicing what is already there.

Tomato Plant Project: Relatively successful especially on the reservation. Would like to expand the net to partner with Community Gardens. We could also look into more grower partners. This could help with the Healthier Lifestyle. Food for thought is a potential partner and/or resource. Other locations in Wyoming will be looked at. The extension office of UW. Master Gardeners could also be good partners. Horticulture, 4H or High School kids could help with some of the growing process. Other possible ideas are gardens at schools. Natrona county makes this a part of their curriculum, science classes, Entrepreneurship. Utah does a fruit share. Local groves give of their



abundance of apples, etc. Also, Back Garden is another project that gives $\frac{1}{3}$ to seniors and $\frac{1}{3}$ to Food Banks. Local high schoolers come and tend to the gardens that are located at senior centers.

Other areas that could be of need would be rural schools. They do not have the capacity to travel into town very often so having a garden could be beneficial.

What goal is the group focusing on?

HPV Education for providers, parents via YouTube and resource information for clinics on EHR. Healthy Eating Community gardens

What strategy is the group focusing on?

- **Outline the action plan**
 - Identify key action steps (who is already doing what)
 - Identify when actions steps should be completed next
 - Identify person(s) responsible for completing action steps

Tobacco Toolkit: Any other potential ideas given to Mica for implementation.

HPV: Mark will design collaborative document; Team will video scan for potential video education/Heidi will inquire about HPV champion/Provider list

Seedling project: We will start looking for additional growers/Katie will inquire Food for Thought. End of December we will start planning for next season of growers and community gardens.

Next Meeting: December 6, 2022, 11:00 am-12:00 pm. Zoom meeting and in-person for state employees. Link and room are available in calendar invite.