



March 22, 2021  
Prevention Workgroup Minutes

### **1.) Attendees**

Lead: Becky Bercier - All aspects of prevention  
Laura Collins-Physical Activity/Nutrition  
Lillian Zuniga - Underserved  
Garret Poste - General cancer prevention  
Hannah Johnson - Tobacco Prevention  
Jessica Rizzuto - HPV/Sun Safety  
Randi Herrington - Worksite  
Terri Wessenberg - Worksite; Physical activity/Nutrition

**2.) Recap of the purpose of the workgroups:** The WYCC achieves its goals and objectives through the collaborative work of its members. The purpose of the workgroups is to gather partners with similar goals and passion to leverage strengths, pull resources, and build a community of people working together towards a common goal.

### **3.) Identify a lead if there is not already a workgroup lead**

- Workgroup leader responsibilities include:
  - Scheduling recurring meetings
  - Taking meeting minutes or delegating minutes to workgroup member
  - During regularly occurring workgroup calls, ensure workgroups engage in conversation and actionable steps that they can take together as a group to achieve group goals.

Notes: Group Lead Becky Bercier

### **4.) Review workgroup's section of the plan**

- **Select one Goal**
- **Select one Strategy**
- **Outline the action plan**
  - Fill in Goal and Strategy
  - Identify key action steps (who is already doing what)
  - Identify when actions steps should be completed
  - Identify person(s) responsible for completing action steps



Notes:

**Selected Goal - Goal 3: Increase healthy eating and physical activity**

- **Select one Strategy:**
  - **Strategy 1: Lifestyle Change Programs**
    - Action steps (who is already doing what)
      - Laura Collins Education on Diabetes Prevention Program and the Community Lives Grant CDSMP
      - Start a list of current healthy lifestyle programs and physical activity
      - Possibly find a brochure for educational purposes for healthy behaviors
    - Identify when actions steps should be completed
      - NOT IDENTIFIED
    - Identify person(s) responsible for completing action steps
      - Laura Collins possibly
  - Other notes: Becky Bercier gave information on the work she is doing on the reservation with the Indigenous Food Program. The Tobacco, Chronic Disease, Cancer Program, and Healthy Heart are all supporting this work. Physical activity is also a part of this. The University of Wyoming is also a supporter of this activity.

**5.) Identify frequency/day/time of regular workgroup meetings for 2021.** It is important for the workgroups to meet frequently and setting recurring meetings helps attendees know when to expect a meeting to occur and allows them to plan accordingly.

Notes: The commitment timeline was brought up for up to one-hour meetings and either once a month or once a quarter.